



## NEWSLETTER 2 - April 2018

Dear Families

Thank you to all our families for attending our first welcome morning tea the children had a lovely picnic. We also appreciated the donations of food for the morning.

**Reminder Preschool Hours: 9am - 2.25pm.** We ask if you are going to be late to please ring the Preschool on: 98754458 as we need to vacate the room by 2.45pm to allow the OOSH to set up for their afternoon.

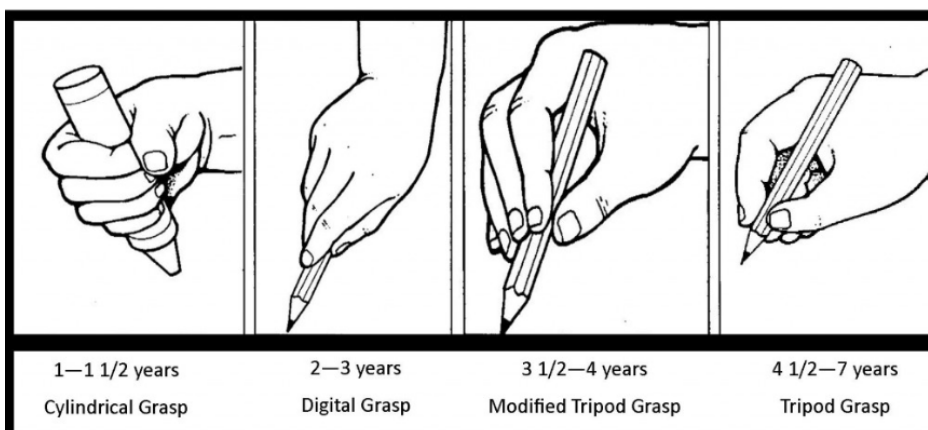
### **NEW FAMILIES**

In Term 2 we welcome some new children to our Preschool - James, Peter, Elliot, Preston, Joshua and Tories.

### **PRESCHOOL SKILLS**

We will be conducting "talk to your teacher" at a time later in the year.... An opportunity to discuss how your child is going at Preschool. However, we encourage you to speak to your child's teacher, if you have any immediate concerns about your child!! It is advisable to make appointment with Christine or Debbie, if it is a serious concern.

At Preschool we work on "developing children's fine and gross motor skills" to write their names and develop skills such as balancing, hopping and eventually skipping. At 3 years we are not expecting them to hold a pencil correctly and often they are still deciding on handedness ie; left or right, so may keep swapping. Play dough, lots of practise to draw or paint freely, using pegs or tongs, manipulating toys such as duplo, mobilo etc. all help the fine muscles to become stronger in readiness for writing and holding a pencil with a dynamic tripod grip. (4-6years). The diagram below shows you the grip we are aiming to achieve before school, so if your child is only 3years and is not holding their pencil correctly then this is most likely where they should be developmentally. You can help by encouraging your child to practise each day at home☺



## HEALTH AND ALLERGIES - STRICTLY NUT FREE!!

We ask that you refrain from sending cakes, sweet biscuits, lollies or chocolates in your child's morning tea or lunch in line with our healthy eating policies and practises. The preferred drink is water in their drink bottle, a popper drink is not necessary, so please save the "sometimes" foods and drinks for home.....Please see the link to some healthy food snack ideas.

<https://www.healthykids.nsw.gov.au/downloads/file/campaignsprogramms/SelecthealthiersnacksFactSheetJan15FINALWEB.pdf>

At our Preschool we may have children attending with allergies to:

Nuts	Dairy	Egg	Gluten
Olive oil	Yeast	Wheat	Kiwi Fruits
Penicillin	Band-aids	Strawberries	Soy

Our aim is to minimise risk for children with allergies and all children with allergies need to provide a health form to help us with this. The severity of nut allergies, however, means we need your help.

### How can you help?

Ensure you check all packaging and ingredients and ensure no items containing nuts are sent to Preschool  
We appreciate your assistance in this important matter for the safety of all children.



### BIRTHDAY CELEBRATIONS

Although we encourage healthy choices most of the time, we do acknowledge children's birthdays at Preschool. (Sometimes foods)! Parents are invited to bring in a birthday cake or 20 small cupcakes and we sing Happy Birthday and share the cake/s. Your child is given a card and a Happy Birthday sticker on their Birthday or the day closest to it..... if you are unsure just check with a staff member.

### NAME LABELLING

Please label everything with their name not their siblings name - including water bottles!!  
Lunch boxes and water bottles must be labelled for the health and safety of all children.  
Please clearly label your child's bag. It may also be a good idea to put a tag or something similar on their bag so they can recognise in case there are identical bags.

If you need some new labels for your children's lunch boxes etc the Preschool receives a massive 25% commission for every order placed with "That's Mine Label Fundraising"

How to order in three easy steps:

1. Simply go to [www.thatismine.com.au](http://www.thatismine.com.au) and place your order as normal.
2. When you are about to checkout and pay, there is an option for you to add in your 'Fundraiser Code' - 2065
3. Simply enter 2065 in the fundraiser box (OR Normanhurst West Community Preschool

**School Name: Normanhurst West Community Preschool**

**Unique School Code: 2065**

26 September 2018

## OCCASIONAL CARE AVAILABILITY

The Preschool offers extra days (if available) for occasional care. If someone is absent or away on holidays there may be chance you could use that day. Fees are charged at \$60/day. NB: Days are not transferable if your child should be absent for any reason eg. Illness or holidays during Term time. Please email [director@nwcps.org](mailto:director@nwcps.org) if you would need an occasional day or if your child is going to be absent for any reason - illness, holidays or appointments.

## GARDEN WATERING - HELP NEEDED IN APRIL HOLIDAYS.

Can anyone help with watering our gardens in the holidays???? Could you please advise ASAP so we can give you a key to enter the playground.

## MANAGEMENT COMMITTEE:

Our welcome our 2018 Preschool Management Committee as follows:

- President - Adam Pitt
- Vice President - Trudy Wallington (thank you Trudy for volunteering again!)
- Treasurer - Warwick Oliver
- Secretary - Debbie Cantin

We are still looking for some fundraising/social committee volunteers??? Perhaps if you could help co-ordinate ONE of the following events we hope to plan for this year it would be much appreciated. All monies go to the purchase of new equipment and maintain our Preschool - possibly painting the internal play room.

Bunnings Sausage Sizzle, Toddle Waddle or other suggestions welcome

## DIARY DATES TERM 2:

- Last day Term 1: Friday 13<sup>th</sup> April
- Term 2 starts: Tuesday 1<sup>st</sup> May
- Fees - 1<sup>st</sup> Installment: Friday 11<sup>th</sup> May
- Mother's Morning Tea: Friday 11<sup>th</sup> May (9.00 - 11.00am)
- Library Visit to NWPS: Tuesday 15<sup>th</sup> May - 10.30am (Tue children only)
- Hearing Assessments: Wednesday 16<sup>th</sup> May - 9.30am (Fee for service)
- OT & Physio Assessments: Tuesday & Thursday - Date/time TBA
- StEPS Vision Screen: Wednesday 30<sup>th</sup> May - 9.30am  
(Available only for 4 year olds) Information Brochure attached fyi.
  - DOH-9220 [Statewide Eyesight Preschooler Screening \(StEPS\) brochure \(English\)](#)
  - DOH-9220: <http://www.mhcs.health.nsw.gov.au/search?SearchableText=DOH-9220>  
(Languages other than English)
  - [StEPS videos](#)
- Fees - 2<sup>nd</sup> Installment: Friday 8<sup>th</sup> June
- Dental Visit: Wednesday 13<sup>th</sup> June - 12.30pm (All Welcome)
- Plastic Pollution Solutions: Wednesday 4<sup>th</sup> July - 11.30am (All Welcome)
- Last Day Term 2: Friday 6<sup>th</sup> July

Have a safe and happy holiday and we look forward to seeing you next term.

Debbie, Christine, Michele, Annemarie and Catherine